

Analysis of the Artistic Characteristics of Chinese Classical Dance and Its Importance in Classical Dance

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Abstract:

With the improvement of people's living standards, the requirements for dance art are also increasing. The difference between China's traditional classical dance and modern dance is becoming smaller and smaller, and more and more people begin to love Chinese classical dance, but there are still some shortcomings in Chinese classical dance compared with other dance arts. The body rhyme is a common form of dance in Chinese traditional dance. It can not only better show the style and characteristics of Chinese traditional dance, but also improve the appreciation and artistic quality of classical dance.

Keywords:

Chinese Classical Dance, Body Rhyme, Artistic Characteristics, Importance

1. Introduction

Body rhyme is a very important part of the traditional Chinese dance art. It mainly presents the corresponding artistic characteristics through the body language, among which the most important part is the body rhyme. Therefore, this paper will mainly discuss and analyze the part of body rhyme, to introduce the relevant content of body rhyme in detail, and deeply discuss the importance and specific application methods of body rhyme in Chinese classical dance.

2. Overview of the “Body Rhyme” of Chinese Classical Dance

2.1. The origin of the “body rhyme”

The word body rhyme first appeared in the Book of Han. Since the Han Dynasty, body rhyme has been a part of the traditional Chinese dance, and the documents related to body rhyme are also increasing, but there is no clear definition of the concept and meaning of body rhyme. In the Tang Dynasty, China's dance art showed a trend of openness and freedom. There were many forms of performance in the city of Chang'an, among which the most common were [1] such as dance and dance. Although these dance forms have no clear rules, they all have a common

characteristic, that is, they all show the corresponding dance style and characteristics through the body movements, and create the corresponding dance image through the body movements. This dance form is also known as “body rhyme” in traditional Chinese dance. Although traditional Chinese dance attaches great importance to the concept and content of body rhyme, it was the formation and development of body rhyme only after the 1980s. In this period, there are many excellent dance works in China, and the body charm in these works has been further developed and innovated. After the 1980s, people began to pay attention to the in-depth research and discussion of classical dance, and took the content of body rhyme as one of the most important contents.

3.2. Definition of “body rhyme”

Body rhyme is a more important kind in classical dance. Body rhyme is a more special body language, which mainly reflects the corresponding artistic characteristics through the body form, action, temperament and other aspects. It not only needs to have a strong dance skills, but also needs to have a certain music rhythm and cultural connotation, so as to better show the artistic charm of the background rhyme in the dance. Body charm belongs to a kind of traditional Chinese culture, which is different from western dance, ballet and modern dance, so it has its own unique artistic characteristics in many aspects [2]. First of all, the body rhyme has a very strong connotation of the Chinese traditional culture. The “qi” and “rhyme” in the Chinese traditional culture are a kind of fusion, and they have been fully displayed and used in the body rhyme. Secondly, the body charm can fully show the charm and cultural connotation of Chinese traditional dance. As an art form with Oriental characteristics, it can not only show the style and characteristics of Chinese traditional dance, but also let the audience feel the cultural charm of Chinese traditional dance. Finally, the body rhyme can play a crucial role in the classical dance. Although the body rhyme is a unique art form and expression mode, it also has a strong application value and use range in the classical dance.

3.3. Artistic characteristics of “body rhyme”

Body rhyme mainly expresses the corresponding emotions through body movements and rhythm, so the body rhyme has three obvious characteristics, namely, integrity, rhythm and culture. First of all, body rhyme is a form of emotion expression through body movements, which requires the dancers to coordinate and complete the whole body. The moving rhythm of the body rhyme is the rhythm and law formed by the dance movements, so the body rhyme is a whole composed of multiple moving laws. Secondly, the body rhyme also has a certain cultural nature. Because the movements expressed by the body rhyme are often the experience and wisdom gained by the dancers in the long-term dance practice, so when expressing their emotions, the dancers can convey to the audience through the experience and wisdom accumulated by their own, so as to make the audience resonate. Because the dance movements shown by the body rhyme are the same or similar, so we can let the audience feel the same style and the same characteristic through these movements. It can be seen that the body rhyme not only has the characteristics of integrity, rhythm and culture, but also has the characteristics of unity and other characteristics [3].

3. Analysis of the Importance of “Body Rhyme” in Classical Dance

3.1. The role of artistic breathing in classical dance

With the continuous progress of the society, people's aesthetic requirements for art are constantly improving, so more people begin to learn classical dance. However, because the classical dance involves a lot of content, including dance posture, body shape, dance steps and performance content, so the dancers need to do a lot of practice to ensure the quality of the performance. In order to ensure the quality of the dance performance, we must have a good breathing. Therefore, dancers performing classical dance not only master the movements and skills, but also have good breathing ability. In the Chinese classical dance, the "breath" in the "rhyme" of the body rhyme is very important for the whole dance, so it has a crucial influence on the quality of the classical dance performance [4].

3.1.1. How to develop respiratory ability

When conducting Chinese classical dance training, the most important thing is to pay attention to breathing. Because Chinese classical dance is an art form that mainly focuses on action and is supplemented by breathing, it also has very high requirements for actors. A qualified and excellent classical dancer should not only master the basic skills and dance skills, but also have a good physical coordination ability and an understanding of the cultural connotation of Chinese classical dance. Therefore, when conducting Chinese classical dance training, we must pay attention to the "breath" in the body rhyme, because only when the "breath" is sufficient can we make the body coordinate and operate flexibly. When the dancer grasps the physical coordination ability, he can perform more easily on the stage.

3.1.2. How to improve the "breath" in the body rhyme

In Chinese classical dance, breathing is closely related to the body rhyme: only when the "breath" is sufficient can the body dance better, and when the body is strong, can the "breath" be more smooth and natural. Therefore, in the training of Chinese classical dance, we must pay attention to the cultivation of the "breath" in the body rhyme. Only in this way can the quality of Chinese classical dance performance be improved.

3.1.3. How to combine the "body dance" breathing and dance skills

It is necessary to combine the "breath" and dance skills closely, and only in this way can the Chinese classical dance develop better. In the training of Chinese classical dance, we must pay attention to the connection between the "breath" and dance skills in the body rhyme. Only when the two are combined with each other can they better show the artistic style possessed in Chinese classical dance. In the training of Chinese classical dance, we must pay attention to the "breath" in the body rhyme, because only when the "breath" is sufficient can we make the body coordinate and run flexibly. Body rhyme is of great significance for the development of Chinese classical dance. First, the "rhyme" of body rhyme plays an important role in Chinese classical dance, which can make Chinese classical dance more standardized and unified. Secondly, the "rhyme" of body rhyme is of great significance in the development process of Chinese classical dance [5].

3.2. The importance of body rhyme in the repertoire performance

Body rhyme is the most representative form of Chinese classical dance, it can better contain the artistic conception of itself, make the viewer can better understand the essence of the work, and body rhyme as an indispensable part of Chinese classical

dance performances, not only to better show its dance characteristics and style, at the same time also can make the viewer deeply understand the charm of Chinese classical dance art. The importance of body rhyme in Chinese classical dance performance is mainly reflected in the following aspects: first, body rhyme plays a very important role in Chinese classical dance, and is a very important part of the whole stage performance; Second, the Chinese classical dance performance can not only express the emotions, but also fully express the artistic conception and thoughts; third, the body rhyme is the most important part of the Chinese classical dance performance, which can not only bring high artistic value and performance value, but also help the actors to better show the role characteristics; Fourthly, body rhyme can be integrated with other forms in Chinese classical dance performances, such as some folk dances can be integrated together to show better results; Fifth, body rhyme can also add certain ornamental for Chinese classical dance.[6]

3.3. The importance of "body rhyme" in teaching

In teaching, teachers can give targeted guidance according to students' personal characteristics, and at the same time, they can adopt different teaching methods for different students based on students' interests and hobbies. For beginners, teachers need to first understand the basic situation of students, and at the same time, to understand the important role of body rhyme to a certain extent, so as to help students better learn and understand. In teaching, teachers should follow the principle of step by step, not rush for success, but slowly guide students to learn the body charm, understand the problems in the teaching process of body charm in different stages, and improve them in time. At the same time, when teaching, teachers should clarify the difficulties and key contents in the process of teaching. For the classical dance, the body rhyme is a very important part. Having a good body rhyme in the dance performance can also make the dance more ornamental and artistic. Therefore, the significance of body rhyme in the teaching process is also very important. Teachers should clearly realize that the body rhyme has a very important role in the classical dance, and can help students to better understand the art of the classical dance. Therefore, the part of the body rhyme should be paid attention to by teachers, but also to add more training and training, in order to better show the characteristics and style of classical dance [7].

In the classical dance training, first according to the Chinese traditional dance culture body rhyme training and learning, master certain theoretical knowledge and understand certain basic movements, on this basis according to the actual situation of targeted training, this can not only help students better grasp the Chinese classical dance body rhyme and movement and other related content, also can help students to better feel the Chinese classical dance artistic style. Also need students in the process of learning to accumulate rich cultural knowledge and aesthetic knowledge, from the beginning of the Chinese classical dance content, and then on this basis of dance movements and skills, rhythm, style, learning, which not only can help students better understand the Chinese classical dance and Chinese dance culture connotation content, also can allow students to better understand the Chinese classical dance art of aesthetic feeling and artistic conception. Only in this way can our traditional dance art be better inherited [8].

3.4. The importance of "body rhyme" to the construction of Chinese classical dance

“Body rhyme” is the organic unity of “body rhyme” and “rhythm”, which is characterized by “god and deformation”. It breaks through the rigid “routine” in traditional dramas such as “beating and doing” in traditional dramas, and develops a unique art of “body rhyme” with “charm” as the leading. The aesthetic characteristics of Chinese culture, “both form and spirit”, have been promoted to a higher cultural level. The aesthetic characteristics advocated by the Chinese nation have been raised to a higher level of culture both in both spirit and form. “Body rhyme” is a kind of aesthetic form of Chinese traditional dance, is according to the characteristics of the dance, extract the action elements, with colorful dance, with distinctive national characteristics, has a strong artistic ability, is an important symbol of Chinese traditional dance, is also an important part of Chinese traditional dance, is an important part of Chinese traditional dance. The so-called “body rhyme” is to highlight the artistic characteristics of “spirit-like”, so as to break through the routine of traditional drama, and perfectly integrate “form” and “god” together. “Body rhythm” is to add “twist, lean, circle and bend” to the dance, thus highlighting the dancers' body “stiffness and straight” and “flexible and implicit”. In terms of body rhythm, especially the aesthetic principle of “dynamic and static”, “three circles” and “dots and lines” for dancers, the national art essence of “form” and “god” of Chinese classical dance [9].

4. The Significance of “Body Rhyme” in the Development of Chinese Classical Classics

The emergence of “body rhyme” has completely changed the dilemma between ballet and drama, and solved the contradiction between “functional training” and “style” of drama dance. In the process of exploring the performance ability of the human body, the various forms and movements, national aesthetic characteristics, the characteristics of ancient and modern style and dance, the function of body performance has been developed and enriched. In drama, the generation of body charm is not from “body” to “body rhyme”, but a qualitative change, the demand of its own characteristics, and the spirit of the Times, is the inevitable product of aesthetic research and inheritance, and continuous evolution and development. “Body rhyme” has rich art forms, breaking the original “figure” routine, and better showing the performance of dance posture. This expression method is the action extracted from the human performance, and the behavior characteristics transformed out. It is not limited to the body movements that can be used in the past, but more to the artistic language centered on “the waist as the axis”, showing the profound artistic charm and the obvious essence of Chinese culture; and combining the expression of the body with new artistic techniques to create a distinct and vivid dance image.

5. Body Rhyme is the Unity of Concreteness and Abstraction

Dance appreciation is a psychological process of feeling, experiencing and understanding of dance works. The characteristics of “body rhythm” of Chinese classical dance are the basis and prerequisite for our cognition of “body rhythm”. In the process of watching the dance works, people can have an aesthetic feeling of its artistic image, so as to understand the social life and the ideological themes that it reflects. At the same time, dance works can make people think of what they have experienced and their own social life, so as to have emotional resonance, and then use a series of creative thinking activities such as association and imagination to deepen the understanding and grasp of the connotation of dance works. For this association

and imagination activities, people can not use language to describe, with concrete images to analogy is an operation process of abstract thinking. Therefore, from the perspective of aesthetic thought innovation, the rhythm of ancient Chinese dance style is also an abstract feature. In the process of appreciating ancient Chinese dance, we should start from the specific body rhythm, to appreciate and experience the image of dance, to experience the aesthetic mood and aesthetic thought of the author, to use the abstraction of body rhyme, to deepen people's understanding and perception of dance image, and cognition of dance image, can better promote dance art to play its unique social function. Therefore, the body rhyme has two characteristics of concrete and abstract, and the two are unified.

6. Conclusions

In a word, as an important part of Chinese traditional dance art, we should not only pay attention to the body rhyme itself, but also to the important role of body rhyme in classical dance in the training of Chinese classical dance. Body rhyme is not only an important part of classical dance, but also an important standard to measure the level of Chinese classical dance.

Conflicts of Interest

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