

Value Implication and Realization Path of Ideological and Political Construction of Physical Education Curriculum in Vocational Colleges

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Abstract:

To deeply tap into the ideological and political education resources of physical education courses in vocational colleges, and fully leverage the educational function of physical education courses. Using research methods such as literature review, logical analysis, and interviews to study the ideological and political construction of physical education courses in vocational colleges. The research suggests that the value implications of ideological and political construction in physical education courses in vocational colleges mainly include: strengthening ideological guidance and exerting the educational function of physical education discipline; Promote collaborative education and form a pattern of “three comprehensive education”; Implement moral education and cultivate talents, and promote students’ moral and technical education. The main problems are: weak awareness and insufficient abilities of physical education teachers in educating people, and imperfect collaborative education mechanisms. Finally, the following strategies are proposed: to strengthen the education awareness of physical education teachers and encourage them to take on the responsibility of education and enhance their abilities; Physical education teachers' ability to construct ideological and political education courses, and enhance the effectiveness of ideological and political education in physical education courses; Improve the support system for ideological and political policies in physical education courses, and form a collaborative education mechanism.

Keywords:

Vocational Colleges, Physical Education Curriculum, Ideological And Political Education, Physical Education, Curriculum Construction

1. Introduction

As a new concept of ideological and political work, curriculum ideological and political work means that ideological and political work is not only the responsibility of ideological and political workers, but also the responsibility of all teachers, that is,

to build a new pattern of ideological and political education for all [1]. As an important public basic course in vocational colleges, physical education curriculum has important value implications in exploring the ideological and political elements in physical education curriculum and improving its educational effect. Therefore, it is necessary to strengthen the ideological and political construction of physical education courses in vocational colleges, guide physical education teachers to consciously integrate ideological and political elements into physical education teaching, and enhance teachers' awareness and ability to implement ideological and political education in physical education courses; Highlight the value leading role of physical education courses, fully explore and utilize moral education resources in physical education courses; Innovate physical education teaching methods, optimize the presentation of ideological and political elements in the process of physical education teaching, and enhance the penetration and affinity of ideological and political elements in physical education courses. By fully utilizing the moral education function of physical education courses, improving the "three comprehensive education" mechanism in vocational colleges, we aim to cultivate high-quality skilled talents with both moral and technical skills and comprehensive development in the new era.

2. The Value Meaning of Ideological and Political Construction in Physical Education Courses in Vocational Colleges

2.1. Ideological guidance: unleashing the educational function of sports discipline

Vocational colleges are an important component of the socialist higher education system with Chinese characteristics. In the context of the new era, vocational colleges should answer the fundamental questions of "who to cultivate, how to cultivate, and for whom to cultivate". By strengthening the ideological and political construction of physical education courses, we can fully tap into the educational elements in physical education courses, achieve a silent ideological and political education in physical education teaching and competition processes, and promote the organic unity of knowledge, skills, and ideological and moral character. Unlike various cultural courses that mainly focus on knowledge education, physical education and ideological and political education are courses that achieve educational goals through physical practice. Its explicit educational function is to enhance physical fitness and impart sports knowledge and skills; At the same time, it also has great implicit educational value, containing extremely rich educational elements such as patriotism, collectivism, unity and hard work, and brave struggle in teaching practice. In teaching and competitions, students can cultivate willpower qualities such as never giving up, persistent climbing, unity and cooperation. The ideological and political education of physical education courses in vocational colleges is precisely to infiltrate value guidance into the learning process of physical education knowledge and skills, deeply explore and utilize the ideological and political education resources contained in the physical education discipline, continuously strengthen the value shaping function in physical education teaching, fully leverage the implicit educational value of physical education discipline, implement the fundamental task of cultivating morality and improving the quality of talent cultivation in vocational colleges.

2.2. Collaborative Education: Forming a Pattern of "Three Comprehensive Education"

Ideological and political education should be integrated into the entire process and various links of university education and teaching, forming a comprehensive and three-dimensional educational field. The ideological and political education of physical education courses in vocational colleges should leverage the educational role of every physical education teacher, every physical education course, and every physical education classroom to form a collaborative educational pattern and work together to improve the effectiveness of education. The ideological and political education in physical education curriculum contains a very rich temporal and spatial field in educating people and talents. In addition to the value of physical education classroom teaching, extracurricular physical exercise, sports club activities, and sports cultural activities can also cultivate students' willpower and character. Therefore, it is necessary to give full play to the main role of physical education teachers, transform the educational concept of "emphasizing knowledge and skills, neglecting value shaping", establish the concept of all staff joint efforts to cultivate people, and form a "comprehensive" education pattern. Based on the background of "three comprehensive education" in universities, the physical education curriculum of vocational colleges should play the role of the "main battlefield" of ideological and political education, fully infiltrate and integrate ideological and political education elements in the physical education teaching process, achieve the goal of "cultivating people through physical education, cultivating people through physical education, and cultivating people through physical education", and better play the role of "walking in the same direction and collaborating with other courses in educating people", Continue to extend and expand the spatial field of ideological and political education in physical education courses.

2.3. Cultivating Virtue and Cultivating Talents: Promoting Students' Moral and Technical Education

Currently, college students are in a critical period of forming their worldview, outlook on life, and values, and are susceptible to the influence of diverse values and social trends. Therefore, classroom teaching in vocational colleges should not only focus on imparting knowledge and cultivating abilities, but also strengthen ideological guidance and value shaping, with the fundamental task of "cultivating morality and cultivating people", and cultivating socialist successors and builders with both morality and technology. The ideological and political education of physical education courses in vocational colleges is in line with the new requirements of talent cultivation in universities, actively exploring the educational advantages of physical education courses, promoting students to cultivate and practice socialist core values in physical education teaching, and improving the quality of talent cultivation in vocational colleges. Physical education curriculum is a public basic course with a wide coverage and a long span of time in vocational colleges. Physical education teaching contains ideological and political elements such as hard work, confidence, struggle, unity, and mutual assistance. In the process of skill learning, physical exercise, and teaching competition, it can achieve a balance between "physical education" and "moral education", truly achieving "moral education in physical education and integration of morality in art". The ideological and political education curriculum in physical education aims to enable students to experience gains, losses, and victories in the process of sweating, cultivate students' willpower qualities such as courage to fight and perseverance in climbing, and help them establish correct worldviews, outlooks on life, and values, achieving the unity of "body" and "soul". Infiltrating the values of patriotism and collectivism in the ideological and political

education of physical education courses, clarifying the key link of “casting soul and establishing morality”, enabling students to better understand the spirit and value of sports, and guiding them to become “young people with ideals, abilities, and responsibilities” in the new era.

3. The Main Problems Faced by the Ideological and Political Construction of Physical Education Courses in Vocational Colleges

3.1. Physical education teachers have a weak awareness of education and lack enthusiasm for ideological and political construction in the curriculum

At present, the ideological and political construction of physical education courses in vocational colleges is not yet perfect, and teachers lack a deep understanding of the value and significance of ideological and political construction of physical education courses. Therefore, the importance of ideological guidance has not been fully emphasized in physical education teaching, and it is believed that physical education classrooms only need to focus on sports skills and physical fitness. This indicates that physical education teachers have not yet established the awareness of “three comprehensive education” and have insufficient understanding of curriculum ideology and politics. Through interviews and surveys, it was found that some physical education teachers have a psychological resistance towards subjective understanding and do not fully recognize the value leading role of physical education courses. They blindly believe that physical education courses should focus on imparting knowledge and skills. This biased subjective consciousness leads to teachers’ unwillingness to fully explore the ideological and political elements in physical education curriculum, resulting in the separation of “teaching” and “educating”, and therefore the enthusiasm for carrying out ideological and political teaching reform in physical education curriculum is not high. On the other hand, due to the imperfect evaluation mechanism and system of physical education teaching in vocational colleges, too much attention is paid to the number of hours taught by physical education teachers and the physical fitness indicators of students, while too little attention is paid to the ideological and political construction of physical education courses, which leads to a lack of internal motivation for physical education teachers and a reluctance to invest time and energy in the ideological and political construction of physical education courses.

3.2. Insufficient ability of physical education teachers and poor effectiveness in ideological and political education in the curriculum

At present, the depth and breadth of teachers' understanding of the ideological and political construction of physical education courses are not enough, so physical education teachers have shown insufficient abilities in the reform and construction of physical education curriculum ideological and political. Specifically, they lack the ability to fully explore the ideological and political elements of physical education courses and integrate physical education teaching with ideological and political elements [2]. The interview survey found that physical education teachers attach more importance to sports skills, but their understanding of curriculum ideology and politics is not deep enough. They lack a comprehensive understanding of physical education curriculum ideology and politics teaching, and simply understand physical education curriculum ideology and politics as political indoctrination of students in

physical education teaching, without fully exploring the ideological and educational resources contained in physical education curriculum. In addition, teachers cannot effectively integrate ideological and political elements with physical education teaching content, making it difficult to accurately grasp the “essence of education” in physical education curriculum ideological and political education [3]. Instead, they blindly incorporate current affairs and political theories into physical education teaching, It will lead to the formalization and hardening of ideological and political education in physical education courses.

3.3. Incomplete collaborative education mechanism and slow ideological and political construction of physical education courses

The survey found that the concept of collaborative education in vocational colleges is not fully implemented, and there is a lack of top-level design for ideological and political collaborative education in courses. The comprehensive implementation of the entire process of ideological and political construction in physical education courses is not in place, and there is no joint effort to promote the normalization of ideological and political construction in physical education courses. Without combining implicit education with explicit education, the exploration of ideological and political education elements contained in the physical education teaching process is insufficient, making it difficult to integrate ideological and political education into the entire process of physical education curriculum teaching and reform. In addition, the construction of a collaborative education mechanism for physical education courses still lacks good conditions for guarantee. Due to the relatively weak position of the physical education discipline in the education system of vocational colleges, there are shortcomings in organizational leadership, funding guarantee, incentives and rewards, etc., which cannot mobilize the enthusiasm and creativity of physical education teachers, resulting in slow ideological and political construction of physical education courses in vocational colleges.

4. The Practical Path of Ideological and Political Education in Physical Education Courses in Vocational Colleges

4.1. Strengthen the education awareness of physical education teachers and encourage them to shoulder the responsibility of education bravely

At present, physical education teachers have insufficient awareness and attention to the ideological and political aspects of physical education courses. Therefore, it is necessary to strengthen the educational awareness of physical education teachers, establish the concept of ideological and political education in courses, and promote their active participation in the entire process of ideological and political construction in physical education courses. Firstly, school leaders and sports department leaders should attach great importance to the ideological and political construction of the curriculum, organize physical education teachers to learn policy documents and requirements on ideological and political aspects of the curriculum through various forms such as reports, meetings, and lectures, establish the concept of ideological and political education in physical education curriculum, and actively assume the responsibility of educating people. In addition, physical education teachers themselves should strengthen theoretical learning and improve their ideological literacy. Physical education teachers should cultivate a sense of ideological and political education in the curriculum, actively integrate the ideological and political concepts into physical

education classroom teaching, achieve the unity of words and examples, and help students form a correct worldview, outlook on life, and values.

4.2. Enhance the ability of physical education teachers to construct ideological and political education courses, and enhance the effectiveness of ideological and political education in physical education courses

The ideological and political construction of physical education courses in vocational colleges should play a good role as the main force of physical education teachers, and promote the full participation of physical education teachers in the ideological and political teaching reform of physical education courses in all aspects. Firstly, it is necessary to enhance the ability of teachers to explore ideological and political education resources in physical education courses. Teachers should deepen their understanding of physical education knowledge and skills, deeply explore the ideological and political elements in physical education teaching content, and process and utilize these ideological and political elements in a curriculum. In the teaching of basketball breakthrough scoring, it is possible to cultivate students' spirit of sacrifice and unity and cooperation, allowing them to understand that only by giving up - "scoring" can they achieve breakthrough success, and helping them establish correct concepts of gain and loss and overall situation. Secondly, enhance the organizational ability of teachers in ideological and political teaching of physical education courses. Teachers should start from the inherent logic of physical education and the learning needs of students, and subtly integrate the ideological and political elements they have excavated into the content of physical education teaching. By holding a full staff seminar, conducting collective lesson preparation, establishing a physical education curriculum ideological and political material library, updating the teaching outline and lesson plan of physical education curriculum ideological and political education, and promoting the construction and implementation of physical education curriculum ideological and political education.

4.3. Improve the support system for ideological and political policies in physical education courses and form a collaborative education mechanism

Firstly, we need to establish a collaborative education mechanism and optimize the conditions for the ideological and political construction of physical education courses. Strengthen the organization and leadership of ideological and political education in physical education courses, do a good job in the top-level design of ideological and political education in physical education courses, formulate a clear "schedule" and "roadmap" for the construction of ideological and political education in physical education courses, strengthen the guarantee of conditions and funding support, and create a good atmosphere for the construction of ideological and political education in physical education courses. Secondly, we need to improve the evaluation system of departments. Make the effectiveness of ideological and political construction in physical education courses an important part of performance evaluation such as teaching evaluation and curriculum construction, and promote the leaders of physical education departments and departments to attach importance to ideological and political construction in physical education courses. Thirdly, improve the evaluation system for physical education teachers. Integrating the ideological and political construction of physical education courses into the teacher performance assessment and evaluation system can link the situation and effectiveness of ideological and political teaching in physical education courses with teaching evaluation, excellence

evaluation, job recruitment, etc., establish a comprehensive incentive and reward mechanism for ideological and political construction in physical education courses, and enhance the internal motivation of teachers to participate in ideological and political construction in physical education courses [4]. Fourthly, a normalized mechanism for ideological and political construction of physical education courses should be established. Regularly provide targeted guidance on ideological and political education in physical education courses to physical education teachers, establish a normalized collective lesson preparation system and teaching discussion system, overcome the difficulties of ideological and political education in physical education courses, and enhance the attractiveness and infectivity of ideological and political education in physical education courses.

5. Conclusions

The ideological and political construction of physical education courses in vocational colleges should fully leverage the enthusiasm and creativity of physical education teachers, strengthen their educational responsibilities, enhance their ability to construct ideological and political courses, and promote the active participation of all physical education teachers in the ideological and political construction of physical education courses. In addition, it is necessary to promote the deep integration of ideological and political elements with physical education textbooks, deeply tap into the moral education resources of physical education courses, construct reasonable and effective physical education teaching content, continuously innovate the forms, methods, and means of physical education classroom teaching, and optimize the presentation of ideological and political elements in physical education classrooms.

Conflicts of Interest

The author declares that there is no conflict of interest regarding the publication of this article.

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