

Research on Public Health Events and Ideals and Beliefs Education of College Students

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Abstract:

Public health events have had a profound impact on changes in the international environment, and how to adapt to changes in domestic and foreign policies as soon as possible is a new test for college students, and the education of ideals and beliefs has also produced new changes. How to innovate new methods, new ideas and new ways of ideological and political education in this form to solve the problem of college students' ideological leadership is an important challenge and opportunity facing schools at present. Based on literature analysis and questionnaire results, this paper adopts the research methods of literature analysis and quantitative analysis, and puts forward the main problems faced by the study of ideal and belief education. Combined with the specific methods of ideological and political education, this paper expounds the new requirements for the education of ideals and beliefs of contemporary college students. Combined with the requirements of the times, it is the main purpose of this study to put forward new ideas for college students' ideal and belief education. This paper focuses on exploring the source of the problem from the four dimensions of ideal and belief education, "opportunity, soul, breadth and depth", based on the course content to build a training system as the basis for the solution, and finally puts forward a new idea of university ideals and beliefs, that is, a new educational path combining online and offline, combining speech and deeds, and combining thought and practice. health events have had a profound impact on the changes in the international environment.

Keywords:

Public Health Events, College Students, Ideals And Beliefs, Ideological and Political Education

1. Introduction

The university is a place to cultivate people and cultivate talents. General Secretary Xi Jinping pointed out: "Efforts should be made to strengthen ideals and beliefs, educate and guide students to establish the lofty ideal of communism and the common

ideal of socialism with Chinese characteristics, enhance students' self-confidence in the path, theory, system and culture of socialism with Chinese characteristics, and be determined to shoulder the important task of the era of national rejuvenation." [1] Contemporary college students are born at the right time and have a broad stage to realize their ideals. Ideological and political educators in colleges and universities should educate and guide contemporary college students to base themselves on the present, have the courage to struggle, dare to be pioneering, and use their youth to pursue lofty ideals.

In recent years, there have been many international public health events, such as the SARS epidemic, the Ebola epidemic, the bird flu epidemic, and the new coronavirus (COVID-19) epidemic. The SARS epidemic in 2003 and the new coronavirus (COVID-19) epidemic in 2020 have had the greatest impact on universities and college students. Although the two outbreaks are separated by more than ten years, they are very similar. Both are coronaviruses, which spread quickly and cause great harm, and are extremely difficult to prevent and control. Under the leadership of the Communist Party of China (CPC), the people of the whole country rallied as one and won the two epidemic prevention and control victories. Many college students who experienced the SARS epidemic have become angels in white and frontline workers at the grassroots level in the fight against the novel coronavirus epidemic. Their roles have exchanged with each other, and their firm ideals and beliefs are a strong defense line to protect the interests of the people.

The sudden occurrence of public health events has increased the difficulty of college students' academic road, but also added thickness to their colorful life road, and their ideals and beliefs have become more firm in the tempering. Based on the ideological guidance education of college students under the influence of public health, this paper focuses on the angle of ideological and political teachers, and explores the new path of ideological and political education under public health events.

2. Materials and Methods

Using questionnaire and literature analysis as research methods, this paper analyzes and studies the reasons affecting the ideal and belief education of college students through questionnaire survey, and draws lessons from and explores the existing research results in the academic field through literature analysis, in order to lay the groundwork for this research.

3. Literature Review

With the development of globalization, more and more public health events and their associated risks have affected the quality of life of people around the world. This paper collects the research literature related to college students' ideal and belief education and their coping ability in public health events in recent years, and on this basis, summarizes and summarizes the literature to reveal the relationship between the current public health events and ideal and belief education, so as to better guide the relevant education work.

A treatise on the importance of ideals and beliefs. Kong Xianghui and Li Xincang (2019) hold that ideals and beliefs are more important for the formation of personality and should play the role of subject and object. Shang Lei and Zhang Beibei (2018) believe that the main role of college students should be given full play, so that college

students can establish correct ideals and beliefs in the imperceptibly. Both of them analyzed the educational function of ideals and beliefs, but did not put ideals and beliefs into the background of public health.

Research on the relationship between public health events and ideal belief education. Rojasetal (2019) grouped the study subjects to gain a deeper understanding of the link between public health events and beliefs among today's college students, especially the status of COVID-19. Ochoa (2019) proposed that public health education should focus on college students' actual cognition of public health events and how to integrate the public health events they have learned with their own ideals, beliefs and values. As can be seen from the above, relevant studies have begun to explore the relationship between public health and ideals and beliefs, but no specific programs have been proposed, especially how to implement the educational design of ideals and beliefs.

All in all, the above literatures have studied the connotation and importance of public health events and ideal and belief education of college students, but there are few literatures on ideal and belief education based on ideological and political education courses. This paper promotes ideal and belief education by investigating and studying college students' cognition of public health events and ideal and belief, and on this basis. To explore the new ideas of college students' ideal and belief education from the perspective of ideological and political course and public health.

4. Questionnaire Analysis

Analysis of current situation of public health events and ideals and beliefs of college students

4.1. General overview of the questionnaire

In order to obtain accurate data, the author conducted a questionnaire survey among 1265 college students from 5 universities in Shandong Province during the prevention and control of public health events and after the events were over from March 2022 to March 2023 to collect information about college students' ideals, beliefs and education in the context of public health events. The basic variables were gender, educational background, political status and household registration, of which 253 were postgraduates, accounting for 20%, 864 were undergraduates, accounting for 68.3%, and 148 were junior college students, accounting for 11.7%. The 1265 students include CPC members (probationary party members), active party members, league members, and ordinary students, and the students' household registration includes cities, counties (districts), towns and villages, some students serve as student cadres, and the ratio of men and women is moderate. In general, the student coverage is wide, the sample source meets the standard, and has a certain rationality and representativeness. There are 10 questions in this questionnaire, of which the first question is educational background survey, and the other 9 questions are subjective choices.

4.2. General overview of the questionnaire

The questionnaire data were collected and analyzed as follows:

4.2.1. Emotional identification and unity of values

95.34% of students browse national and local data every day, showing a high degree of concern about public health events; 88.38% of the students supported the static management of the school during the special period, and strictly implemented the prevention and control measures of the school. The purpose of the two questions is to understand college students' views and attitudes toward national policies and government execution, which can support their emotional identification and value unity with the motherland in their ideal belief system to a certain extent.

4.2.2. Influencing factors of ideals and beliefs

65.45% of the students believed that their ideals and beliefs had changed before and after public health events; And 66.64% of the students believe that public health events will have an impact on their future life planning. The two problems reflect that public health events have implementable space for ideal and belief education of college students. Because the subject and object of ideal and belief education are the existing things in a certain social environment, the educational effect of college students' ideal and belief must be affected by the social environment. [2]

4.2.3. The promotion effect of public health events on ideals and beliefs

93.28% of the students believed that public health events strengthened their ideals and beliefs; And 61.19% of the students volunteered to deal with public health incidents. The two questions reflect the guiding effect of ideals and beliefs on students' thought and behavior, and practice is the bond between teachers and students in colleges and universities, and the bridge to overcome difficulties.

4.2.4. Ideal beliefs have a guiding effect on the concentration of the heart

89.38% of the students agreed that medical workers and volunteers sticking to the front line, teachers and students in colleges and universities fighting the epidemic together, and individuals consciously isolating themselves at home were all concrete manifestations of the powerful force of uniting ideals and beliefs in the handling of public health incidents. 90.28% of the students believed that ideals and beliefs can unite people to fight the epidemic together, and are the spiritual pillar, the source of strength and the direction of progress. The two questions reflect college students' thinking about ideals and beliefs in public health events, recognizing that ideals and beliefs are the lights of life.

4.2.5. The relationship between ideals and beliefs and lofty ideals

After the public health incident was handled and normal study and life resumed, 95.89% of the students said that they should base themselves on the present and study harder. 89.88% of the students chose to set goals and work hard. 80.55% of the students expressed that they actively participated in various clubs and learning activities and competed for volunteer work; 78.18% of the students are willing to be a screw in the society and make contributions to the places where the country needs them most. This topic reflects the changes of college students' self-cognition, thought and behavior. Under the background of public health events, college students' ideal and belief education guides students to pursue lofty ideals and firm ideals and beliefs.

5. Problem Analysis

Problems in ideal and belief education of college students under the background of public health events:

5.1. *New tasks facing ideal and belief education*

Public health events bring many difficulties to the management and teaching of colleges and universities. How to transform the “crisis” into the “opportunity” of ideal and faith education is a test for colleges and universities and contemporary college students.

5.1.1. *Grasp the “opportunity” of ideal and belief education*

In the wake of the global COVID-19 outbreak in 2020, the whole country has rallied together, adhered to the general policy of dynamic elimination, adhered to the concept of people first, and ensured the lives, health and safety of the people. Behind the fight against the epidemic, we have gathered the ideals and beliefs of the people of the whole country and gathered core socialist values. Therefore, colleges and universities need to seize the “opportunity” of ideal and belief education, so that college students can personally understand China’s power and Chinese spirit, and build a solid foundation of ideals and beliefs in youth. Universities should introduce anti-epidemic stories and anti-epidemic spirit into students’ employment guidance, grasp the “opportunity” of ideal and belief education in the background of public health events, guide students through the fog, aspire to become a great talent, take great responsibilities, and join the army of serving the motherland and contributing to society. For example, a college student from Huanggang, Hubei Province, was carefully treated by the Shandong medical team supporting Hubei Province until he recovered. Therefore, he applied for the medical major of Shandong University and was determined to return to society. Such a vivid example is a living textbook for college students' ideal and belief education.

5.1.2. *Build the “soul” of ideal and belief education*

Ideals and beliefs are beacons that illuminate people’s thoughts and behaviors. Once established, they will make people excited and go forward bravely. Even if the road ahead is filled with thorns and the circumstances of life are confusing and complicated, they can also see hope and dawn and move toward the lofty goals of life. College teachers and students work as volunteers to protect the lives of isolated students; Tens of thousands of students in the school conducted health tests in an orderly manner and spontaneously organized traffic evacuation; Some universities under static management help each other and share their anti-epidemic experience online. This scene runs through the power of ideals and beliefs, guiding the pace of students in the prevention and control process, which is the soul of the invisible classroom.

Therefore, college students should not only learn knowledge, increase their ability, but also have firm ideals and beliefs. Ideal and belief education has always played an important role in college education as the guide of college students' mainstream values. On the one hand, the combination of theoretical knowledge and practical activities can further enhance the attraction and penetration of ideal and belief education, and expand the influence and coverage of ideal and belief education; On the other hand, subjectivize the object of ideal and belief education, give full play to

the subject role of college students, and make them establish correct ideal and belief in imperceptible, and develop good moral behavior habits. [3] Anti-epidemic college students actively signed up to join the volunteer team, and a red vest became a synonym for college students, charging to the grass-roots prevention and control line, and interpreting the responsibility and responsibility of the new era with practical actions. If we have firm ideals and beliefs, we must believe in them when we prophesy them, and act upon them when we believe in them.

5.2. New challenges facing ideal and faith education

5.2.1. Broaden the “breadth” of ideal and belief education

In the "cloud" classroom of ideological and political education of CUHK in epidemic prevention and control, tens of thousands of people attended ideological and political classes at the same time. Public accounts, microblogs, self-media and other online public opinion positions to share experience and discuss anti-epidemic countermeasures; The students on campus set an example by becoming volunteers to defend the campus against the epidemic. The practice of prevention and control increases the “wide” degree of ideal and belief education, and improves the value standards of college students’ cognition of right and wrong, kindness and evil, beauty and ugliness. The campus has become safer due to the implementation of the prevention and control policy and the joint protection of teachers and students, which is the result of the phased victory of the fight against the war, and a strong support for the ideal and faith education of college students.

Under the background of public health events, campus life makes college students confused and confused. For example, online courses cannot satisfy their thirst for knowledge, static management blocks their longing for a better life on campus, and the chaotic network public opinion of the “we-media” makes college students not know where they will go in the future. College students with too many problems need ideal and belief education to carry out in-depth answers. We should let them realize that human beings exist not only in the biological sense, but also in the sense of civilization, society and history.

5.2.2. Improve the “depth” of ideal and belief education

Ideals and beliefs can more firm only when they rise to a certain ideological height, but the cultivation of lofty ideals is not done overnight. The formation of ideals and beliefs is the product of people's social practice, and is closely related to people's individual physical and mental development, socialization degree and level of social practice. The ideal and belief education of college students cannot stay on the surface, but should be internalized in the heart, therefore as to achieve the unity of knowledge and action. What colleges give to college students is the nourishment of setting up lofty ideals and beliefs.

The all-out treatment of one person and one program, free vaccination of vaccines, the full cost of treatment of infected patients by the state, the dynamic zero prevention and control policy and the recent prevention and control of the “20” new regulations, behind all these are the great interpretation of the Party and the country, as well as the common ideals and beliefs of all Chinese sons and daughters. Under the background of public health events, college students’ ideal and belief education should ensure “deep” degree to stimulate the power of contemporary college students’ ideal and belief.

6. Results and Discussion

The practice of college students' ideal and belief education under the background of public health events:

Ideals and beliefs are the core of people's spiritual world and the "calcium" of people's spirit. Ideal and belief education is the core of ideological and political work in colleges and universities. To do the ideological and political work well for college students, we should highlight the effectiveness of ideal and belief education, build a systematic system of ideal and belief education, and promote the hierarchy and systematization of ideological and political work. [4] The handling of public health events is a practical classroom of ideal and belief education, which is rich in content and diversified in forms, and expands a new practice path of ideal and belief education for college students.

6.1. Construct an ideal and belief education system for college students in the context of public health events

6.1.1. Teach about ideals and beliefs

The ideological and political course is the core component of the ideal and belief education system of college students. For example, after the outbreak of the epidemic, many colleges and universities across the country used large ideological and political classes to teach personal protection knowledge and share protection experience. The scene of tens of thousands of people attending the ideological and political classes was very shocking, and the ideological and political classes became a theoretical position for college students to learn ideal and belief education, and firmly believed in overcoming the epidemic. The "First lesson of the new semester" broadcast by CCTV is a tonic for current college students, so that they do not relax in epidemic prevention and control and study and life, find their own life goals in the difficult situation, strengthen their ideals and beliefs, and realize their self-value.

Ideological and political courses in colleges and universities should be deep, clear and lively, and the successful experience of fighting the epidemic should be raised to the height of ideals and beliefs. In the context of public health events, the ideological and political education of college students should clearly understand the objective law of "change and constancy" and deeply understand the characteristics of public crisis. By integrating anti-epidemic elements into ideological and political classes, the courses can become fresh, and the narration of anti-epidemic cases in ideological and political classes can make students deeply understand the connotation and significance of public health events. Ideal and belief education in the context of public health events is the best time to cultivate students' values.

6.1.2. Be a teacher of your ideals and beliefs

College students need to button their first buttons. Teachers of ideological and political courses should give play to the main function of value education in ideological and political courses, integrate public health events into ideological and political elements, and integrate ideal and belief values into the whole process of education. They should not only impart knowledge, but also cultivate the core values of college students, and give full play to the important role of diversity and diversity of ideological and political courses. Help college students gradually establish a correct world outlook, outlook on life and values at the courses of basic learning and life.

In terms of teaching content, it is necessary to always try and innovate, integrate anti-epidemic practice and successful experience into the curriculum, strengthen the correlation between teaching content and public health events, actively explore new methods to meet the teaching content, and transfer knowledge through novel forms, so that college students can establish lofty ideals and beliefs. Teachers should pay attention to students' confusion, tell the anti-epidemic stories with reasonable evidence, increase knowledge reserves, and make ideological and political lessons more in-depth. When the ideal and belief education is integrated into the ideological and political class, it is more necessary to innovate the teaching methods and have a new vision to make the ideological and political class more interesting.

6.1.3. Build a foundation of ideals and beliefs

Ideal and belief education is not only a problem of ideological cognition, but also a problem of practice. The formation of any ideas, especially ideals and beliefs, cannot be solved only by preaching, but must be combined with practice. Only through college students' personal subjective experience and behavioral practice can they finally form firm ideals and beliefs. [5] Colleges and universities should give full play to the practical classroom role of public health events, let college students personally participate, to feel the source of power, and experience the unity of personal value into social value. In public health events, students are actively guided to participate in practice, and various rules and regulations are changed from passive compliance to active obedience, so that ideal and belief education and school regulations complement each other, not only to ensure campus safety, but also to complete daily work such as teaching as soon as possible.

6.2. Effective ways of ideal and belief education for college students in the context of public health events

6.2.1. Introduce ideal and belief education into the network

Xi Jinping point out "It is necessary to use new media and new technologies to make the work alive, promote the high integration of traditional advantages of ideological and political work with information technology, and enhance the sense of the times and attractiveness." [6] Due to the huge base and changeable forms of we-media, the supervision of various departments became more difficult, and some false information was hot searched during the anti-epidemic period, which quickly became the national focus.

For example, someone plays a short video saying that all students in a school are collectively infected, and the campus is blocked and blocked, causing hundreds of thousands of people to forward it, causing a bad impact. Behind the whole incident, people's kindness has become a tool for criminals to gain benefits, and many of them have forwarded the facts before college students have made clear the truth, which has a negative impact on the prevention and control of colleges and universities. The Internet is not a lawless place, college students should firm their ideals and beliefs, not be moved by negative information on the Internet, and widely publicize correct public opinion.

The positive role of network in the aftermath of public health events cannot be ignored. Various live streaming platforms such as Dingding and Tencent Conference can meet the needs of students for online classes, and many MOOCs and online book resources can play their roles to broaden the scope of college students' knowledge.

Teachers and students of colleges and universities in the short video platform message interaction, praise each other, relay love, help each other, forming a national university united front. Therefore, the ideal and belief education of college students should also adapt to the development of online media, take cloud classroom as the main front of education, and strengthen the ideal and belief in combination with the successful practice of anti-epidemic.

6.2.2. Embed ideals and beliefs in life

College students are not only the object of ideal and belief education, but also the subject of epidemic prevention and control on campus. Under the premise of satisfying the study, the school is more to ensure the normal life of students. For example, during the period of temporary closure of the school, the sufficient material support and warm living environment of the school make students feel the warmth of home, and the free meals received by the isolated students in the dormitory feel the temperature of solidarity and mutual assistance, and the little bit of prevention and control nourishes the ideals and beliefs of college students.

For example, colleges and universities encourage returning college students to participate in local volunteer prevention and control activities, give play to the leading role of student cadres, student party members and student volunteers, take prevention and control as the front line to cultivate students' comprehensive quality and ability, give play to the vanguard and exemplary role of party members, and guide students to make real contributions to their hometown and epidemic prevention and control. In participating in the practice of their own patriotic behavior, so as to better understand the prevention and control is not easy, more firm patriotic ideals and beliefs. Emergency response to public health incidents is a major challenge for the country, society and people. [7] Only by establishing lofty ideals and beliefs can we have inexhaustible motivation to overcome difficulties and be invincible.

6.2.3. Cultivate ideals and beliefs in your heart

The purpose of college students' ideal and belief education is to guide their thought and behavior through lofty ideal and belief. In public health events, college students consciously abide by school regulations and national achievements because they firmly believe that the people will win, and highly recognize the national policies and school practices. Faith is strong because of firmness, and ideal faith education needs to be rooted in the hearts of college students. The essence of strengthening college students' ideals and beliefs is to establish college students' value recognition of the great ideal of communism and the common ideal of socialism with Chinese characteristics. [8] Ideal and belief education in colleges and universities to tell the story of the epidemic can carry out visual and practical education methods, so that students can ignite the spark of faith, but also through campus volunteers to share experience, closer to the true feelings of students.

7. Conclusions

The experience of public health emergencies during college students' study is also a wealth of life. Seeing the whole country work together to overcome difficulties makes them strengthen their ideals and convictions, understand the ability of the Communist Party of China to concentrate on major tasks, recognize the significant advantages of the socialist system with Chinese characteristics, and consciously devote themselves to the construction of the socialist cause. Under the background of public health

events, the ideal and belief education of college students highlights the practice of educating people. The ideal and belief education of college students is to focus on serving the society, the nation and the country, cultivate their innovation ability through practice, and enhance their sense of social responsibility. Colleges and universities should transform the process of handling public health incidents into the main position of college students' ideal and belief education, educate and guide college students to grow up healthily in trials and tribulations, pursue lofty ideals, firm lofty beliefs, and strive to grow into loyal strivers in building a modern socialist power.

Conflicts of Interest

The author declares that there is no conflict of interest regarding the publication of this article.

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