

Research on the Construction of Excellent Study Styles and School Atmospheres in Colleges: Taking the Basic Enhancement Class as an Example

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Abstract:

This article aims to explore the positive role of basic enhancement class in creating excellent school atmospheres and study styles through research on its learning styles and achievements. Taking the first basic enhancement class as an example, this paper analyzes its establishment background, student performance, and the impact after returning to their respective majors, thereby highlighting the positive guiding effect of the basic enhancement class construction on the school's study style and school atmosphere. The research results show that the learning style and achievements of the basic strengthening class have important implications for enhancing the overall study styles and school spirit of the school, and the establishment of school atmosphere in the basic enhancement class is a long-term and challenging task that necessitates the collaborative efforts of the university, teachers, and students.

Keywords:

Study Styles, School Atmospheres, Basic Enhancement Class

1. Introduction

School atmosphere and study style are the essence of colleges and universities, playing a vital role in shaping students' character and fostering school development. These factors are directly related to the overall image of the school, the quality of teaching, and the comprehensive development of students. Against the backdrop of increasingly fierce competition in higher education, strengthening the construction of the school atmosphere and study style is particularly important [1]. As an important initiative in educational reform at colleges and universities, the basic enhancement class aims to cultivate students' comprehensive quality and academic abilities by strengthening fundamental subject learning and practice, thereby positively to the development of an excellent school atmosphere and study style.

2. Study Style and Achievement Showcase of the Basic Enhancement Class

In September 2022, the first basic enhancement class was officially established under the school's guidance. It consisted of 59 students, 2 class mentors, and was affiliated with the College of Science. As an important measure of educational reform in colleges and universities, the basic enhancement class has clear goals and characteristics in its development. By optimizing the curriculum, strengthening the teaching staff, improving the management system, and implementing other measures, the basic enhancement class provides a high-quality learning environment for its students. The basic enhancement class aims to develop students' comprehensive quality and academic skills while sparking their interest and passion for learning through rigorous learning standards and a variety of academic activities [2]. The class is characterized by strict learning requirements and rigorous learning attitudes, forming a unique learning ethos. These characteristics have led to significant achievements in constructing the study style of the basic enhancement class. After a year of learning and training, the students in the basic enhancement class achieved excellent results in their final exams, school evaluations, and other areas. The basic enhancement class has made significant progress in developing study style, leading to high levels of enthusiasm for learning and academic pursuit among students [3]. At the same time, they have also excelled in various competitions, winning a total of 24 awards, including 10 provincial awards, with the highest award being the first prize at the provincial level.

In July 2023, the students from the basic enhancement class returned to their respective majors for further study. In the new environment, they continued to serve as role models, becoming outstanding representatives in their respective classes. From June 2023 to April 2024, they achieved over 20 provincial awards, including more than 10 first prizes at the provincial level, and over 60 school-level awards. After returning to their respective majors in their sophomore year, the members of the enhancement class excelled in various competitions related to their majors, bringing honor to their departments. Based on data fitting and prediction, it is anticipated that the members of the current enhancement class will continue to achieve results at a linearly increasing rate in the future. These achievements fully demonstrate the academic strength and continuity of the excellent learning ethos of the students in the basic enhancement class, as well as their positive guiding effect on shaping the school's study style and atmosphere. The following figure shows a comparison of the total number of awards won by students in the basic enhancement class at the provincial and school levels over two years, as depicted in Figure 1.

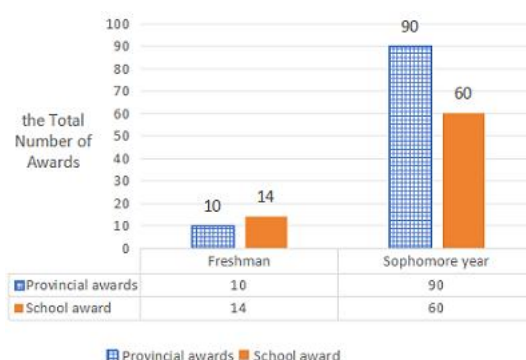


Figure 1. The comparison of the total number of awards won by students in the basic enhancement class at the provincial and school levels over two years.

3. The Guiding Effect of the Basic Enhancement Class on the Construction of the School's Study Style and School Atmosphere

The implementation of the Basic Enhancement Class plays a pivotal role in the academic and cultural development of the institution. Not only does it raise the academic level of the students, but it also has a positive impact on the overall structure of the school's learning style and atmosphere.

Firstly, the establishment of such a class fosters a positive and progressive academic environment. The learning style and attitudes within this basic enrichment class set a benchmark for all students in the school. The rigorous learning attitudes and strong academic atmosphere within this class have a profound effect on its pupils, encouraging them to develop a positive academic ethos. This ethos gradually percolates throughout the campus, influencing more students and further strengthening the academic atmosphere. It acts as a catalyst for a more vibrant and engaged academic community.

Secondly, the Basic Enrichment Class significantly enhances the spiritual outlook of both teachers and students. The focus of this class is not only on academic performance, but also on cultivating the students' overall quality and capacity for innovation. This educational philosophy inspires students to pursue learning with enthusiasm and creativity, fostering a sense of confidence, optimism and proactivity. The teachers in this enrichment class also play a crucial role. They demonstrate high professional ethics and dedication, setting an example for the entire campus community. This positive role modelling not only benefits the students, but also raises the standard of teaching within the institution.

In addition, the establishment of the Basic Enhancement Class is a crucial element in the cultural development of higher education institutions. By strengthening the foundation of this class, the campus culture is further enriched and deepened. This leads to the formation of a distinctive campus culture brand that is unique to the institution [4]. Such a campus culture brand not only enhances the school's reputation and influence, but also provides a more conducive environment and conditions for students to learn and grow. It becomes a powerful attraction for prospective students and faculty, further strengthening the institution's position in the higher education landscape.

In addition, the positive impact of undergraduate education extends beyond the academic sphere. It fosters a sense of community and belonging among students and faculty, creating a more cohesive and harmonious campus environment. This in turn leads to increased participation in extra-curricular activities and a more engaged student body. The overall campus atmosphere becomes more vibrant and dynamic, further stimulating the pursuit of excellence and enthusiasm for learning among all members of the community.

In conclusion, the implementation of the Basic Enhancement Class is a multi-faceted initiative that brings about significant positive changes within the institution. It not only improves the academic performance of students, but also contributes to the overall development of the campus culture and atmosphere. It is an important step in fostering a vibrant and engaged academic community that is conducive to the personal and professional growth of all its members. The construction experience gained from the basic enhancement class provides valuable references for the school. The school can learn from its successful practices, further improve the mechanisms for

developing study styles and school atmospheres, and enhance the overall development of the school.

4. Aspects to Be Improved and Strengthened in Constructing the Study Style in the Enhancement Class

4.1. Stimulating and sustaining learning motivation

Motivation to learn serves as the main driver for students to develop a robust learning style. Therefore, it is imperative to develop strategies that continuously stimulate and maintain this motivation. Regular academic lectures can expose students to new ideas and inspire them to delve deeper into their subjects. The introduction of scholarships and selection programmes for outstanding students can act as incentives, rewarding hard work and dedication. In addition, personalised learning guidance and career planning are essential to help students visualise their academic goals and future aspirations, thereby stimulating their desire to learn.

4.2. Guidance and optimisation of learning methods

In order to increase learning effectiveness, it is important to provide students with guidance on how to optimise their study methods. Organising study skills workshops and seminars can provide students with the tools they need to approach their studies more effectively, and it is important to organise lectures on study skills. These lectures should cover various techniques, including but not limited to mnemonics, study planning and effective note-taking [5]. Such sessions not only inform students about these methods, but also demonstrate their practical application, making them more accessible and relatable.

In addition, learning experience exchange sessions are invaluable platforms for students to share their successes, challenges and insights. These meetings foster a community of learners where students can learn from each other's experiences, find inspiration and identify areas for improvement.

In addition to these formal activities, students can also be encouraged to explore and experiment with different ways of learning, fostering a culture of experimentation and continuous improvement. This approach empowers students to take ownership of their learning journey and develop personalised strategies that meet their individual needs and preferences.

By providing comprehensive guidance and training in learning methods, organising diverse activities and fostering a culture of experimentation, we can help students develop systematic and scientific learning habits that will serve them well throughout their academic and professional lives.

4.3. Improving the learning environment

The learning atmosphere plays a key role in shaping a student's learning style. It is essential to cultivate a positive, challenging and truth-seeking environment where students feel motivated to excel. Organising learning exchanges and collaborative projects can foster a sense of community and mutual support among students. Class leaders and teachers also need to play an active role in maintaining a positive learning atmosphere by addressing any problems or concerns that students may have in a timely manner. This not only ensures a smooth learning process, but also contributes to the overall wellbeing of the students.

4.4. The role and value of teachers

Teachers occupy a central position in shaping the learning style within the academic environment. A number of strategic measures can be taken to enhance their impact. First, teachers need to be rigorously trained and assessed to continually refine their teaching techniques and maintain the highest professional standards. This will ensure that teachers are not only equipped with the latest teaching methods, but also maintain a high level of ethical behaviour. Secondly, teachers should be encouraged to actively engage in activities that promote the development of a robust learning style. This includes mentoring students, guiding them through academic challenges, and engaging in research projects that foster a culture of inquiry and exploration. In this way, teachers not only grow professionally, but also foster a deeper connection with their students, enabling them to provide more personalised and effective guidance. Third, a robust mechanism for teacher-student interaction needs to be established [6]. This includes regular check-ins, feedback sessions and open channels of communication that allow teachers to quickly understand students' learning needs and challenges. This targeted approach ensures that students receive the necessary support and guidance, tailored to their individual needs.

4.5. The Guiding Role of School Policies

Schools, as institutions that shape the academic landscape, play a pivotal role in fostering a conducive study style. To this end, they must prioritize resource allocation, ensuring that students have access to ample learning materials, modern teaching equipment, and well-maintained facilities. Moreover, the recruitment and retention of high-quality teachers is crucial, as they are the backbone of any successful academic endeavor. Beyond the basics, schools should also focus on offering a diverse and engaging curriculum that caters to the interests and aptitudes of students [7].

Furthermore, parental involvement is crucial in fostering a positive academic atmosphere. Schools should establish regular communication channels with parents, keeping them updated on their children's academic progress and seeking their valuable feedback and suggestions. Encouraging parents to participate in school events and activities helps create a sense of community and shared responsibility in shaping the academic culture.

By addressing these diverse aspects comprehensively, schools can create an environment that not only fosters academic excellence but also nurtures a love for learning and a passion for knowledge among students. This, in turn, enhances the overall quality and effectiveness of academic atmosphere construction efforts, leading to better outcomes for all stakeholders involved.

Furthermore, the use of technology can significantly enhance the learning atmosphere. Incorporating digital tools and platforms into the classroom can make learning more interactive and engaging. For instance, online collaboration tools can facilitate group work and discussions, while educational apps and websites can provide additional resources and practice materials.

5. Specific Suggestions and Measures for Enhancing the Study Style and School Atmospheres

In order to further improve the style of learning and the atmosphere of the school, there are additional specific suggestions and measures that schools can take:

Firstly, it is essential to encourage active participation and engagement of students. Schools can organise various academic activities, such as workshops, seminars and project-based learning, to encourage students to actively participate and explore their interests. This not only enhances students' learning experience, but also fosters a vibrant and engaging academic environment.

Second, the use of technology to enhance learning is another crucial aspect. Schools can integrate technological tools and platforms into the learning process, such as the use of interactive whiteboards, online learning resources and educational apps. This can provide students with more personalised and engaging learning experiences, enabling them to explore and master knowledge more effectively.

Strengthening the construction of teachers' ethics and professionalism. Teachers are an essential force in the construction of the academic and school atmosphere. Schools should strengthen the training and management of teachers, improve their teaching and pedagogical skills, and enhance their professional ethics [8]. In addition, schools should establish and improve incentive mechanisms for teachers to stimulate their enthusiasm and creativity.

Deepen the reform of education and teaching: Schools should actively promote the reform of education and teaching, optimise curriculum design and teaching methods, and improve the quality and effectiveness of teaching [9]. At the same time, they should focus on cultivating students' innovative spirit and practical ability, and promote their all-round development.

It is also important to build a strong sense of community within the school. Schools can organise various community-building activities, such as sports events, cultural festivals and volunteering projects, to bring together pupils, teachers and parents. These activities can foster a sense of belonging and unity within the school community, thus improving the overall school atmosphere and learning style.

Finally, continuous improvement and innovation are essential to maintain and enhance the learning style and atmosphere of the school. Schools should regularly review and evaluate their practices and look for opportunities for improvement and innovation [10]. They can learn from other successful schools and adopt best practices to further improve their academic and school climate.

In conclusion, improving learning styles and school climate requires a comprehensive approach involving a range of strategies and interventions. By fostering a positive academic environment, encouraging active student participation, using technology, promoting inclusivity and diversity, building a strong school community, and continuously improving and innovating, schools can create an engaging and supportive learning environment that fosters student growth and development.

6. Conclusions

Looking at the learning styles and academic achievements of the first Basic Enhancement Class, we can clearly see its remarkable influence in cultivating a robust school spirit and academic atmosphere. The establishment of the Foundation Class has not only raised the academic level and overall calibre of students, but has also left a profound imprint on the study habits and institutional culture of the university. Therefore, it is imperative for colleges and universities to persistently improve the establishment and management of similar endeavours such as Foundation

Enhancement Classes and harness their salutary effects in fostering a resilient school spirit and study habits.

At the same time, fostering a conducive school atmosphere within the Foundation Enhancement Class is a long and demanding undertaking that requires concerted efforts from the university administration, faculty members and students alike. By strengthening mechanisms to continuously stimulate learning motivation, providing guidance and training on effective study techniques, creating and optimising a supportive learning environment, enhancing the role of teachers, and conducting ongoing research on the development of enhancement classes, colleges and universities can foster the profound development of a resilient school spirit and study habits. This comprehensive approach ensures that the institution not only remains at the forefront of academic excellence, but also fosters a vibrant and inclusive community that encourages personal growth and intellectual exploration.

Conflicts of Interest

The authors declare that there is no conflict of interest regarding the publication of this article.

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